

Press Kit

Education Insights, Real-World Impact

Overview of the University of Chicago Education Lab

The University of Chicago Education Lab conducts research on promising programs and policies for government agencies and nonprofits. We provide these research and data analysis services at no cost by partnering with philanthropic funders.

To learn more or to see past media mentions, visit educationlab.uchicago.edu or educationlab.uchicago.edu/news-events, respectively.

Mission Statement

The Education Lab partners with school districts to design, test, and scale programs to ensure all students have the opportunity for future success. By generating cutting-edge evidence in a real-world setting, our insights are not theoretical; they are designed to be applied in the classroom and to reach students at scale – translating into maximum impact for students nationwide.

Naming Convention: Please use the University of Chicago Education Lab

Attribution: To use Education Lab data, we require attribution in the caption or label of figures and, where feasible, a mention of the University of Chicago Education Lab in the body text so that it's clear this is a Education Lab analysis.

- Example of appropriate caption/label attribution: "University of Chicago Education Lab analysis of Chicago Public Schools
 data"
- Example of appropriate body text attribution: "According to an analysis by the University of Chicago Education Lab, the data shows..."

Questions? Contact Sarah Rand, Director of Public Affairs, at srand@uchicago.edu

What We Study



Mentoring and Counseling Interventions

We partner with community-based organizations to identify and evaluate trauma-informed interventions, including mentorship and counseling programs, that surface and strengthen skills in students that help them navigate difficult situations and succeed in school.





Personalized Learning

We work in partnership with school districts to understand whether and how we can scale high-impact tutoring program to reach tens of thousands more students without compromising effectiveness.

Post-Secondary Pathways

Students living in areas with high poverty rates disproportionately face challenges to success in college, including access to a high-quality high school education with a strong college-bound culture, help navigating complex college admissions and financial aid processes, and a lack of necessary supports to help them persist.

Restorative Practices

Restorative practices (RP) offer an alternative to punitive policies that decrease student disruption without harm. RP promotes the development of socio-emotional learning, encourages self-reflection and empathetic listening, and helps to create non-judgmental spaces for conflict resolution.

Student Re-Engagement

For children and families, consistent exposure to violence and trauma can be detrimental to their mental health, emotional development, and academic engagement, resulting in students becoming disconnected from school. We research ways to decrease violence involvement and increase academic re-engagement.

Examples of Impact



Personalized Learning Initiative

The Personalized Learning Initiative works shoulder-to-shoulder with educational entities across America to identify and design promising tutoring programs, provides funding to scale tutoring in schools, and helps districts better understand the impact of these efforts on student achievement.





Working on Womanhood

Youth Guidance's Working on Womanhood (WOW) is a school-based, trauma-informed group counseling program rooted in acceptance commitment therapy, narrative therapy, and cognitive therapy. This intervention is one way to help young girls mitigate the effects of trauma exposure, including post-traumatic stress disorder (PTSD), anxiety and depression. The Education Lab study found that participation in WOW caused a significant 22% decrease in PTSD symptom severity scores, which measured the frequency and intensity of PTSD symptoms, and a significant 38% decrease in scores that indicated "at-risk" levels of PTSD.

Back to Our Future

To re-engage youth who are disconnected from school, Chicago Public Schools (CPS) launched Back to Our Future (B2OF), the first state-funded, district-led, evidence-informed effort to reengage 1,000 disconnected students at elevated risk for gun violence involvement. CPS partners with the Illinois Department of Human Services, Breakthrough, UCAN, and Youth Advocate Programs, Inc. to implement B2OF, which offers youth trauma-informed cognitive behavioral interventions, employment and educational opportunities, and connections to social services.

